



Association for
Elderly Medicine Education

British Geriatrics Society
Improving healthcare for older people

BGS

Geriatrics 4 Juniors

2024

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our poster site

Please review the submitted posters and reviewing the videos. Challenge yourself to spend 5 minutes during the conference to ask a question.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform.

If you’re tweeting, tag us at [@GeriSoc](https://twitter.com/GeriSoc) and use the hashtag [#BGSConf](https://twitter.com/BGSConf).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

9 November

Online (Virtual meeting)

Virtual meeting**START****Opening address**

09.30	Log on
09.55	Welcome & Introduction
Session 1	
Moderator: Dr Emma Fisken	
10.00 - 11.00	<p>10.00 Parkinson's Disease Dr Elizabeth Jackson, Consultant Geriatrician, Northumbria NHS Foundation Trust</p> <p>10.30 Heart Failure in Older People Dr Ani Tencheva, Consultant Geriatrician, South Tyneside and Sunderland NHS Foundation Trust</p>
11.00	<p>Free time Poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS Poster platform.</p>
Session 2	
Moderators: Dr Lucy Ellard	
11.30 - 13.00	<p>11.30 Palliative Care Dr Andrew Little, Palliative care registrar, Northern deanery</p> <p>12.00 Geriatrics in Primary Care Dr Rachel Taylor, GP Partner, The Grove Medical Group, Newcastle</p> <p>12.30 Stroke Dr Justine Elliott, Acting Stroke Consultant, Northumbria Healthcare NHS Foundation Trust</p>
13.00 - 14.30	<p>Lunch Poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS Poster platform.</p>
13.30	<p>Ask the registrars: Ask our panel about their day-to-day work as a Geriatrics registrar, their on-calls as the Medical Registrar and about research as a geriatrics trainee Hear from Dr Emma Fisken, Dr Lucy Ellard,</p>

Virtual meeting**Session 3****Moderators:** Dr Jonny Bunn

14.30 - 15.30	<p>14.30 Frailty Dr Sean Ninan, Consultant Geriatrician, The Leeds Teaching Hospitals NHS Trust</p> <p>15.00 Dermatology: Skin Ageing Dr Matthew Alexander, Dermatology Registrar, Northern Deanery</p>
15.30	<p>Free time Poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS Poster platform.</p>

Session 4**Moderators:** Dr Christina Page

15.45 - 17.00	<p>15.45 Poster Prize Award Presentations</p> <p>16.00 Orthogeriatrics Dr Faye Wilson, Consultant Geriatrician, South Tyneside and Sunderland NHS Foundation Trust</p> <p>16:30 Falls. Diagnoses not to miss or not to make Dr Nigel Stout , Consultant Geriatrician, South Tyneside and Sunderland NHS Foundation Trust</p>
17.00	<p>Conference close</p>

In past years, meeting delegates, having interactive sessions and connecting doctors interested in geriatrics have been some of our favorite parts of Geriatrics4Juniors. Although G4J24 is a virtual conference we are hoping it remains interactive. Please ask questions to the speakers, let us know your thoughts via our twitter @elderlymeded and join us at our lunchtime “Ask the registrars” session. A panel of geriatric registrars will be ready to answer your questions on geriatric registrar training, day to day life as a geriatric registrar, less than full time training and what it’s actually like being the medical registrar on-call!

Finally, our OPmentor scheme is an opportunity for junior doctors of any grade who are interested in geriatric medicine to find some informal support with their career development. We have a network of geriatricians across the UK willing to provide advice on careers, CV building, specialty applications, audit & quality improvement projects, research, and information about working in their region. Please visit <http://aeme.org.uk/opmentor/>

Dr Nigel Stout

Nigel is a Consultant Geriatrician in the North East, working in Sunderland Royal Hospital. He is a past Meetings Secretary of the BGS

Dr Justine Elliott

Works as an Acting stroke consultant with an interest in education and clinical informatics.

Dr Ani Tencheca

is a Consultant Geriatrician at South Tyneside and Sunderland NHS Foundation Trust She is interested in looking after older adults with heart failure and developing cardiogeriatric services. Ani provides cardiogeriatric liaison within the Trust at South Tyneside and Sunderland NHS Foundation Trust. She works closely with Cardiology colleagues in the heart failure MDT and follow up patients in a heart failure clinic.

Dr Matthew Alexander

Dr Alexander is a Dermatology Registrar training at the Royal Victoria Infirmary Newcastle. His interests are teledermatology, Clinical Informatics, and he has been a Health Education England Topol Digital Fellow, and previous deputy Chief Clinical Information Officer (dCCIO) of Durham and Darlington.



in
in

Dr Emma Fisken (Chair, COTEcast)

Emma is a Registrar in Geriatric Medicine at Newcastle NHS Foundation Trust. Emma graduated from Newcastle University and completed her foundation training in Northumbria before heading to work in New Zealand for 2 years. Her love of the Geordies brought her back to the northeast and she is currently a Less Than Full Time geriatric medicine trainee at QEHS, Gateshead. She joined the AEME team in 2017 having been to G4J herself in 2014. Her twitter username is @emma_fisken.

Dr Christina Page (Treasurer, Mini-GEMs)

Christina joined the AEME team in 2018 after being an avid G4J fan since its conception. She graduated from Cardiff University in 2012 and has completed all her subsequent training in the North-East. Currently a less than full time geriatric registrar, Christina enjoys all the Northumberland coast and country has to offer, as well as cycling, skiing and arts & crafts with her toddlers! Her twitter is @COTE__Christina

Dr Jonny Bunn

Jonny graduated from the University of Glasgow in 2015, before working in South Yorkshire for FP and CMT. Originally from the North East, Jonny returned to Newcastle to start HST in 2020. He joined the AEME team in 2022, having attended his first G4J event in 2014 as a medical student – part of what sparked an interest in geriatric medicine as a career. Out of work, Jonny enjoys cycling and running, although since becoming a dad is more likely to be found on family walks around the region with his pet cocker spaniel! His twitter handle is @JonnyBunn

Dr Hannah Fairclough

Hannah joined the AEME team in 2019 having attended the G4Js conferences in Leeds, Birmingham and Newcastle. She classes herself as an honorary Geordie having graduated from Newcastle University (2013) and subsequently having spent all of her training in the North East. She is currently an ST5 in Geriatric Medicine with her main interest in Movement Disorders. Outside of work she enjoys reading in the sunshine and spending time with family. Her Twitter handle is @HannahFairclou4

Dr Kate Bennett

Kate joined AEME in 2022 having attended a number of G4J conferences over the years. She graduated from Leeds University in 2014 and completed her FP in West Yorkshire. As a Northeast native she moved back for CMT and is now an ST6 in Geriatrics. In her spare time she enjoys dog walks on the many lovely beaches in the North East and going for brunch with friends



CALLING ALL BGS MEMBERS

We are looking for enthusiastic BGS members from across the multidisciplinary team to become #ChooseGeriatrics ambassadors! Who better to advocate for older people's healthcare as a rewarding career choice than a current BGS member?

Your role as a #ChooseGeriatrics ambassador would be to promote the speciality by:

Volunteering to attend career fairs and events

Writing blogs for our website

Providing content for AGENDA

Encourage colleagues to join the BGS

We may call upon you for other opportunities as they arise.

We will provide you with all the information you need, plus some special #ChooseGeriatrics goodies to help you spread the word.



Visit [bgs.org.uk/choose](https://www.bgs.org.uk/choose) to find out more!

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



BGS

Become a member today! Join online at www.bgs.org.uk/join

BGS

They say the best
things in life are

FREE!

SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at www.bgs.org.uk/grants

BGS

British Geriatrics Society
Improving healthcare
for older people

Marjory Warren House
31 St John's Square
London EC1M 4DN

Telephone +44 (0)20 7608 1369
Email registrations@bgs.org.uk
Website www.bgs.org.uk