

Spring Meeting 2025

9 - 11 April

ICC Belfast & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Record by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

You will receive a CPD certificate for the days you have joined ‘live’ online only. **Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGScnf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our sponsors:

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of Belfast with you. We hope this Spring Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights that Belfast has to offer. Please see the below timetable to help plan your time.

SOCIAL PROGRAMME *This social programme is self funded, independent from our sponsor's support.

WEDNESDAY 9 April	THURSDAY 10 April	FRIDAY 11 April
<p>13.00 - 14.00 Group meetups</p> <p>Join colleagues after the sessions. We will have meet up points for specific interests.</p> <p>17.00 - 18.00 Group meetups</p> <p>Join colleagues after the sessions for drinks. We will have meet up points for specific interests.</p>	<p>13.15 Trainees Meetup</p> <p>19.30 Dinner and Dancing</p> <p>Join colleagues over dinner and drinks after the sessions. Please purchase tickets during registration.</p>	<p>13.45 NAHP Meetup</p>



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (www.bgs.org.uk/Autumn24) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the **'Sign in for CPD today'** button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

Guest Lecturer

Dr Jeremy Isaacs

National Clinical Director for Dementia and Older People's Mental Health
Consultant Neurologist, St George's Hospital and Kingston Hospital

Dr Jeremy Isaacs is an Honorary Reader in Neurology at St George's, University of London and Director of the Neurosciences Clinical Academic Group. His research focuses on functional cognitive disorders, dementia and related conditions, and he is the Specialty Research Lead for Neurological Disorders, Neurodegeneration and Dementia for the South London Clinical Research Network.

Dr Isaacs is a Consultant Neurologist at St George's Hospital, where he was Dementia Clinical Lead between 2010-2019, and Kingston Hospital, where he was Neurology Clinical Lead from 2014 to 2024.

Dr Isaacs's clinical and leadership roles at St George's led to him being appointed as Clinical Director of the NHS London Dementia Clinical Network from 2019 to 2024, where he led an extensive quality improvement programme. This included establishing the London Memory Service Network, memory service pathway redesign, championing joint working and multidisciplinary meetings between specialties, and designing and leading the first London and national memory service audits.

KEYNOTE: Thursday 10 April 15.45



KEYNOTE: Friday 11 April 12.45

Marjory Warren Guest Lecturer

Dr Jennifer Burns

Retired Consultant Geriatrician and past BGS President
2020 - 2022

Dr Jennifer Burns was appointed as Consultant Geriatrician at Glasgow Royal Infirmary in 1995. She is the immediate Past President of the BGS. She campaigned for better support of the workforce post Covid pandemic and fought for recognition for the major role of BGS members within both health and social care. Clinically she has a special interest in Movement Disorder. Throughout her career, she has had a keen interest in undergraduate and postgraduate education and served as the Lead Training Programme Director for Scotland. She also had a role as Appraisal Lead and as Deputy Responsible Officer within Greater Glasgow and Clyde Health Board and values the impact of appraisal on supporting professional development.





Accommodation in recent years has increased in costs and this year keeping costs low is important.

To secure the best accommodation within your budget we recommend you book as early as possible, other events are taking place in Belfast during the week and hotels are busy.

[Click here to see available options and rates via Visit Belfast for available options and rates](#)

Other sites and booking directly with the hotels may be cheaper - please do shop around.
BGS members can also access preferential rates at the Hilton chain using the details below.

HILTON

- Log on to www.hilton.com
- Put in the location and dates
- Click on advanced search
- Click on 'Add a special rate code'
- In the corporate account box, type in **113011292**

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Hall 1A	STREAM 2 Hall 1D	STREAM 3 Hall 1C
8.30	Registration		
9.15	KEYNOTE President's Opening Address		
9.30 - 11.00	Movement Disorders 101	Major Trauma and Falls FFN	Oral Health
11.00	Free time		
11.30 - 13.00	Movement Disorders Advanced	Major Trauma and Falls FFN	Lightning Round Posters
13.00	Lunch and posters		
13.00	Group Meetups Join colleagues over lunch to catch up Look out for the signs indicating where to meetup.		
14.00	Rising Star Awards		
14.30 - 15.30	Movement Disorders Neuropsychiatric topics	Major Trauma and Falls Latest Guidelines and new developments	Clinical Quality Session
15.30	Free time		
15.45- 17.00	Movement Disorders Masterclass	Major Trauma and Falls Latest Guidelines and new developments	Nurse and Allied Health Professional Community of Practice Being Involved in Research as a Nurse or AHP – scary or exciting
17.00	Social programme: Networking Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce		

STREAM 1: Hall 1A

KEYNOTE

President's Opening address

09.15	Opening words from BGS President, Professor Jugdeep Dhesi
<p>Movement Disorders Movement Disorders 101 Moderators: Jugdeep Dhesi and Rosie Varden</p>	
9.30 - 11.00	<p>09.30 Diagnosis of Parkinson's Disease Dr Karen Doherty, Consultant Neurologist, Belfast Health & Social Care Trust</p> <p>10.00 Management of Parkinsons' Disease Dr Seamus Kearney, Consultant Neurologist, Belfast Health & Social Care Trust</p> <p>10.30 Practical Parkinson's - pro-tips and pitfalls from the clinic and the ward Dr Neil Archibald, Consultant Neurologist & Clinical Director for Neurology and Stroke, James Cook University Hospital</p>
11.00	<p>Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p>
<p>Movement Disorders Advanced Class Moderators: Ed Richfield and Rosie Varden</p>	
11.30 - 13.00	<p>11.30 Diagnosing and managing dystonia Dr Michaela Boca, Consultant Neurologist, Bristol</p> <p>12.00 Genetics and genetic testing- Common genetic presentations in 65 year olds Dr Marco Toffoli, PhD Student, UCL IoN</p> <p>12.30 Sleep Disorders in adults with movement disorders Dr Kirstie Anderson, Consultant Neurologist and Honorary Senior Clinical Lecturer, Regional Sleep Service Newcastle upon Tyne Hospitals NHS Foundation Trust</p>
13.00 - 14.30	<p>Lunch Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website..</p>
13.00	<p>Group Meetups Join colleagues over lunch to catch up. Look out for the signs indicating where to meetup.</p>

STREAM 1: Hall 1A

Rising Star Awards

2024 Award Winners

Moderator: Miles Witham

14.00 **Research Award Winner**

Dr Peter Hanlon, Clinical Research Fellow in General Practice and Primary Care, University of Glasgow / Doune Health Centre

14.15 **Research award for Nurses and Allied Health Professionals**

Dr Abi Hall, Senior Research Fellow, University of Exeter

Movement Disorders

Neuropsychiatric topics

Moderators: Karen Doherty and Hannah Martin

14.30 **Depression, Anxiety & Apathy in Lewy body disease**

Dr Joe Kane, Clinical Academic Lecturer in Psychiatry of Old Age, Queen's University Belfast

14.30 -
15.30

Platform Presentations

15.00 **Abstract 3176 Disparities in Parkinson's service provision for those living in a rural area of North West England**

15.15 **Abstract 3199 Memory function and post-traumatic stress disorder related to civilian conflict: Findings from the NICOLA study**

15.30

Poster viewing time

Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

Movement Disorders

Complications - Case Study Session

Moderators: Ed Richfield and Libby Wilson

15.45 -
16.45

15:45 **A multidisciplinary panel will explore cases looking at supporting older people with movement disorders experiencing complications such as impulse control and dopamine dysregulation**

- Dr Seamus Kearney, Consultant Neurologist, Belfast Health & Social Care Trust
- Dr Neil Archibald, Consultant Neurologist & Clinical Director for Neurology and Stroke, James Cook University Hospital
- Lisa Brown, Parkinson's Disease Nurse Specialist, Royal Derby Hospital Trust
- Hannah Martin, Advanced Nurse Practitioner Parkinson's Disease, University Hospital Coventry and Warwickshire NHS Trust
- Jane Price, Parkinsons' Nurse, Powys Teaching Health Board Trust

17.00

Networking

Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

STREAM 2: Hall 1D

Major Trauma and Falls

New NAFF pathways and developments

Moderators: Emer Ahern and Jayne Lynch

<p>9.30 - 11.00</p>	<p>09.30 Consensus on weight-bearing terminology for fragility fracture -new BOAST guidelines Professor Alex Trompeter, Professor of Orthopaedic Trauma Surgery, City St George's University of London and Orthopaedic Trauma / Limb Reconstruction Surgeon, St George's University Hospital, London (<i>Remote</i>)</p> <p>10.00 Early mobilisation in acetabular fractures Mr Owen Diamond, Consultant Orthopaedic Surgeon, Royal Victoria Hospital and Musgrave Park Hospital</p> <p>10.30 WHiTE-13 DECI and Delirium in Hip Fracture Prof Iain Moppett, Professor of Anaesthesia & Perioperative Medicine Honorary Consultant Anaesthetist, Director Centre for Research & Improvement, Royal College of Anaesthetists</p>
<p>11.10</p>	<p>Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p>

Major Trauma and Falls

New NAFF pathways and developments

Moderators: Andy Gray

<p>11.30 - 13.00</p>	<p>11.30 Abstract 3115: Maintaining Independence in People with Dementia who have had a fall: a pilot cluster randomised controlled trial (Maintain)</p> <p>11.45 Abstract 3114: A rehabilitation intervention to improve Recovery after an Episode of Delirium in adults over 65 years (RecoverED)</p> <p>12.00 Global consensus on the management of vertebral osteoporotic fractures Professor Opinder Sahota, Consultant, Orthogeriatrician, Nottingham Hospital NHS Trust</p> <p>12.30 Stratified approaches to acute rehabilitation after hip fracture - results of the Stratify feasibility RCT Professor Katie Sheehan, Professor of Rehabilitation and UKRI Future Leaders Fellow, Queen Mary University of London</p>
<p>13.00</p>	<p>Lunch Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p>
<p>13.00</p>	<p>Group Meetups Join colleagues over lunch to catch up. Look out for the signs indicating where to meetup.</p>

STREAM 2: Hall 1D

<p>Major Trauma in older adults Falls and Fractures Moderators: Collin Williamson and David Shipway</p>	
<p>14.30 - 15.30</p>	<p>14:30 Low falls at home leading to Major Trauma injuries in older adults Dr Emer Ahern, Orthogeriatrician, Cork University Hospital</p> <p>15:00 Global consensus on the management of vertebral osteoporotic fractures Elie Najjar, Spinal Consultant · Nottingham University Hospitals NHS Trust</p>
<p>15.00</p>	<p>Poster viewing time Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS Poster platform.</p>
<p>Major Trauma in older adults Bleeding and bettering Moderator: Collin Williamson and Mark Baxter</p>	
<p>15.45 - 17.00</p>	<p>15.45 Subdural Haematoma and preventing rebleed Dr David Shipway, Consultant Physician & Perioperative Geriatrician and Co-Chair Perioperative Care of Older People Undergoing Surgery SIG, North Bristol NHS Trust</p> <p>16.15 Developing Frailty education and skills in teams attending to major trauma in older people Dr Philip Braude, Consultant Geriatrician, North Bristol Trust (<i>remote</i>)</p> <p>16.45 Discussion</p>
<p>17.00</p>	<p>Networking Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce</p>

STREAM 3: Room 1C

Workshop:

Improving Oral Health in Older People

Moderator: Jan Ritchie and Bob Caslake

11.30 - 13.00 Professor Gerry McKenna, Professor of Oral Health Services Research and Gerodontology, Queen's University Belfast and Michelle Harvey, research fellow, Centre for Public Health at Queen's University Belfast

13.00 **Lunch**

13.00 **Group Meetups**
Join colleagues over lunch to catch up. Rooms 1 & 2.

Clinical Quality Session

Best Practice and Platform presentations

Moderators: Tom Bartlett

14.30 - 15.30 This session will discuss best practice in quality improvement and clinical quality work as well as platform presentations from submitted abstracts.

14.30 Abstract 3141 **Quality Improvement: Integrating Speech & Language Therapy into a Hospital at Home service for Older People living with Frailty**

14.45 Abstract 3127 **Improving Palliative Discharges using the GREAT framework**

15.00 **Clinical Quality Masterclass**

Nursing and Allied Health Professional Community of Practice

Being Involved in Research as a Nurse or AHP – scary or exciting?

Moderators: Lyndsey Dunn and Suzanne Arnold

15.45 - 16.45 This is an interactive supportive session for people who are working with older people and wanting to get more involved in research projects or develop their skills further.

17.00 **Networking**
Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

Use the table below to help plan how you will spend your second day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Room 1A	STREAM 2 Room 1D	STREAM 3 Room 1C
9.30 - 11.00	End of Life Care Advance Care Planning	Dementia MDT approach to symptoms management	Research Association of Academic Geriatric Medicine (AAGM) symposium - Polypharmacy and Optimised Prescribing
11.00	Free time		
11.00 - 12.00	End of Life Care Human Values	Dementia Diagnosing Dementia In The Unwell In-Patient	Research Applying clinical research in clinical practice
12.20	President's round		
13.15	Lunch and dedicated poster viewing time		
13.15	Trainees Meetup		
14.30 - 15.30	End of Life Care Can you die at home with comfort and dignity in 2025?	Dementia Disease Modifying Drugs For Alzheimer's Disease	Platform Presentations
15.30	Head to Room 1A for Guest Lecture at 15.45		
15.45	<div style="background-color: #e91e63; color: white; padding: 5px; display: inline-block; border-radius: 15px;">KEYNOTE</div> Guest Lecture: Dr Jeremy Isaacs, National Clinical Director for Dementia and Older People's Mental Health		
16.30	Core20plus5		
19.30	Social programme: Dinner Meet and engage with colleagues over dinner and dancing All welcome: Purchase tickets during registration		

STREAM 1: Room 1A

End of Life Care

Advance Care Planning

Moderator: Helen Milbourn and Pippa Collins

9.30 - 10.30	<p>09.30 ACP in Parkinson's disease Dr Alex Lindsay – Perez, Academic Clinical Fellow, Ageing and Movement Research Group, University of Bristol and Royal United Hospital</p> <p>10.00 Experiencing dying at hospital and home Dr Sarah Hoare, Research Associate, Research Associate, Primary Care Unit in the Department of Public Health and Primary Care</p>
10.30	<p>Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p>

End of Life Care

Human Values

Moderator: Sara Hopkins and Anna Street

11.00 - 12.00	<p>11.00 Advance Care Planning Experiences Dr Sarah Combes, Research Fellow and Associate Clinical Nurse Specialist, University of Surrey/ St Christopher's Hospice</p> <p>11.30 The lived experience of dying at home Pippa Collins, Advanced clinical practitioner – frailty, Dorset HealthCare University NHS Foundation Trust</p>
12.00	<p>Transfer time for all delegates to move to President's Poster Round</p>

President's Round

Moderators: Jugdeep Dhesi and Miles Witham

12.20- 13.15	<p>These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. See next page for full details</p>
13.15	<p>Lunch & Dedicated poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p> <p>Trainees Meetup</p>

STREAM 1: Room 1A

President's Round

Moderators: Jugdeep Dhesi and Miles Witham

These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. These will be published following adjudication.

12.30 Abstract 3054

Use of Falls Risk Increasing Drugs in older people, before and after hospitalisation with a fall

12.25 Abstract 3093

Barriers and facilitators to engagement in fall interventions among older adults from ethnic backgrounds: a systematic review

12.30 Abstract 3030

What do older adults value about family physician encounters? Insights from a systematic review of international evidence

12.35 Abstract 3129

Attitudes and Perceptions of Chinese Older Adults toward the Use of Home-care Robots

12.20-
13.15

12.40 Abstract 3177

Sex Differences in the Associations Between Social Vulnerability, Frailty, 5-year Survival and Long-Term Care Home Entry

12.45 Abstract 3144

Healthy Ageing in Place: Perspectives on 'Local' and Age-Friendliness in the Built Environment

12.50 Abstract 3175

Symptom burden and impact on quality of life for those with advanced Parkinson's in a rural area

12.55 Abstract 3049

Delirium prevalence in hospitalised inpatients across specialities: A review of a single hospital site.

13.00 Abstract 3153

Comparison of Free-Cog with the Mini-Mental State Examination and Lawton-Brody Functional Scales

13.05 Abstract 3170

Factors associated with high adherence to secondary preventative medications 12 months after a stroke

13.15

Lunch & Dedicated poster viewing time

Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

Trainees Meetup

STREAM 1: Room 1A

End of Life Care

Can you die at home with comfort and dignity in 2025

Moderators: Jugdeep Dhesi and Premilla Fade

14.30 -
15.30

14.30 **What do people value most at the end of their lives**
Dr Frances da Cunha, Retired GP, and Trustee of Human Values in Health Care Forum

15.00 **Panel Discussion**

15.30

Transfer time for all delegates to move to Room 1A for Guest Lecture at 15.45.

KEYNOTE

Guest Lecture

Moderator: Jugdeep Dhesi

15.45

Guest Lecturer

Dr Jeremy Isaacs

National Clinical Director for Dementia and Older People’s Mental Health

EDI – developing a Core20Plus5 framework for older people

Ensuring equality and inclusion for older people using community and primary care services

Moderators: Claire Dow

16.30

16.30 **Overview of the Core20plus5 Framework for older people**
Dr Adrian Hayter, GP and Medical Director RCGP
Group discussion to inform RCGP/BGS development of a Core20 Plus5 framework for older people

19.30

Social programme: Dinner

Meet and engage with colleagues over dinner and dancing
All welcome: Purchase tickets during registration

STREAM 2: Room 1D

Dementia

MDT approach to symptoms management

Moderators: Tomas Welsh and Jan Ritchie

9.30 - 10.30	<p>09.30 Living with Dementia: Practical strategies and hopeful approaches Rachel Thompson, Consultant Admiral Nurse, Lewy body dementia, Dementia UK & Lewy Body Society</p> <p>10.00 Communication in dementia Ruth Sedgewick, SALT and Head of Office Northern Ireland, Royal College of Speech and Language Therapists (RSCLT)</p>
10.30	<p>Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p>

Dementia

Diagnosing Dementia In The Unwell In-Patient

Moderators: Rachel Thompson and Alasdair MacRae

11.00 - 12.00	<p>11.00 Making a difference: Think depression in older adults Professor Emma Reynish, Consultant Geriatrician, Professor of Dementia, Royal Infirmary, Edinburgh / University of Stirling and Team</p>
12.20	<p>President's poster round - Room 1A</p>
13.15	<p>Lunch Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p> <p>Trainees Meetup</p>

STREAM 2: Room 1D

Dementia

Disease Modifying Drugs For Alzheimer's Disease

Moderators: Dula Alicehajic-Becicand Alasdair MacRae

<p>14.30 - 15.30</p>	<p>14.30 Administration and monitoring of novel Alzheimer's drugs Dr Katherine Patterson, Consultant Geriatrician, Belfast Health and Social Care Trust</p> <p>15.00 Imaging issues related to Anti-amyloid antibody therapy in Alzheimer's disease Dr Jagrit Shah, Consultant Neuroradiologist and Head & Neck Radiologist, Queens Medical Centre, Nottingham</p>
<p>15.30</p>	<p>Head to Room 1A for Guest lecture at 15.45</p>

STREAM 3: Room 1C

Association of Academic Geriatric Medicine (AAGM) symposium

Polypharmacy and Optimised Prescribing

Moderators: Louise Allan and Vicky Goodwin

9.30 - 10.30	<p>09.30 SPPiRE trial Professor Frank Moriarty, Associate Professor, Institutional Lead for Open Research, School of Pharmacy and Biomolecular Sciences (PBS), RCSI</p> <p>09.45 DynAIRx Professor Lauren Walker, Professor of Clinical Pharmacology & Therapeutics and Internal Medicine, University of Liverpool</p> <p>10.00 CHARMER Professor Debi Bhattacharya, Professor of Behavioural Medicine, Director of the Pharmacist Independent Prescribing course, University of Leicester</p> <p>10.15 Panel Discussion</p>
10.30	<p>Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p>

Research into Ageing

Applying research in clinical practice

Moderators: Louise Allan and Emma Cunningham

11.00 - 12.00	<p>11.00 Improvement and implementation science - an overview Professor Annette Boaz, Professor of Health and Social Care, Director, NIHR Health and Social Care Workforce Research Unit, Better Health & Care Future Co-director, KCL</p> <p>11.15 Using an implementation science approach to improve care home care Dr Jo Day, Research Fellow, NIHR Applied Research Collaboration South West Peninsula, Exeter</p> <p>11.30 How can organisations implement evidence effectively? Lessons from the front line Dr Frazer Underwood, Associate Clinical Professor and Consultant Nurse, Associate Director of Nursing for NMAHP Research, Co-Director of the South West Clinical School in Cornwall, Trust Innovation Leader Royal Cornwall Hospitals NHS Trust & University of Plymouth</p> <p>11.45 Discussion</p>
12.20	President's round - Room 1 A
13.15	Lunch & Poster viewing time Trainees Meetup

Platform Presentations

Selection of the top submitted abstracts

Moderators: Amit Arora and Iain Wilkinson

14.30 - 15.30	<p>14.30 What geriatricians need to know from SNAP-3 Dr Claire Swarbrick, National Trainee Lead for SNAP-3, Centre for Research and Innovation Fellow</p> <p>14.50 Abstract 3052 Efficacy and safety of daridorexant in patients >65years with insomnia</p> <p>15.05 Abstract 3174 Air Filtration to prevent symptomatic winter Respiratory Infections in care homes: The AFRI-c cluster randomised controlled trial</p>
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Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Room 1A	STREAM 2 Room 1D	STREAM 3 Room 1C
9.30 - 11.00	Ageism State of the Nations	Renal Disease and Transplants Admission and Treatment	Intermediate care / Community health care
11.00	Dedicated poster viewing time		
11.30 - 12.30	Updates in... Diabetes and Heart Failure	Platform Presentations	Lightning Poster Round
12.30	Transfer time for all delegates to move to Room 1A for Guest Lecture. Presentation of Awards		
12.45- 13.30	<div style="background-color: #e91e63; color: white; padding: 5px; display: inline-block; border-radius: 15px;">KEYNOTE</div> <p>Marjory Warren Guest Lecture The future of geriatric medicine; learnings from the Covid pandemic Dr Jennifer Burns Retired Geriatric Medicine Consultant and past BGS President</p>		
13.30	Lunch and poster viewing round		
13.45	NAHP Meetup		
14.30 - 16.00	Closed	Education and Workforce Frailty and Ageing Simulations	Policy Session BGS Strategic plan and #ChooseGeriatrics
16.00	Closing Address Closing words from the President		
16.15	CONFERENCE CLOSE		

STREAM 1: Room 1A

Ageism

State of the Nations

Moderators: Jugdeep Dhese and Claire Dow

9.30 - 11.00	09.30 England: Ageism and its impact on older people's healthcare and health Dr Lis Boulton, Health & Care Policy Manager, Age UK
	09.40 Scotland Adam Stachura, Associate Director of Policy, Communications and External Affairs
	09.50 Wales Rhian Bowen Davies, Commissioner for Older People Wales Rhian Bowen Davies, Older People's Commissioner for Wales, Welsh Government - Independent (<i>remote</i>)
	10.00 Northern Ireland Siobhan Casey, Commissioner for Older People for Northern Ireland
	10.10 Equal access to healthcare and services? - the Lived Experience of older people in Northern Ireland Dr Paschal McKeown, Charity Director Age NI
	10.10 The 'lived experience' Colin Harper, CEO Camphill Communities Trust (NI) and Honorary Lecturer QUB
10.30 Panel Discussion	
11.00	Poster viewing time Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS Poster platform .
Updates in	
Diabetes and Heart Failure	
Moderators: Amit Arora and Alasdair MacRae	
11.30 - 12.30	11.30 Diabetes in the older adult Dr Glynis Magee, Consultant Endocrinologist and Diabetologist, Belfast Health and Social Care Trust
	12.00 -Heart Failure Dr Chris Young, Consultant Geriatrician, Southampton General Hospital
12.30 - 12.45	Transfer time for all delegates to move to Room 1A for Guest Lecture. Presentation of Awards
Marjory Warren Guest Lecture The future of geriatric medicine; learnings from the Covid pandemic Moderator: Amit Arora	
12.45	Dr Jennifer Burns Retired Consultant Geriatrician and past BGS President 2020 - 2022
13.30	Lunch and dedicated poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website .

KEYNOTE

STREAM 2: Room 1D**Renal Disease and Transplants****Moderators:** Jan Ritchie and Angeline Price

9.30 - 11.00	9.30 Frailty - why does it matter in kidney transplantation? (FRAILKT) Dr Ruth Fergie, Specialist Registrar in Nephrology and Doctoral Research Fellow and Queen's University Belfast, Belfast Health and Social Care Trust
	10.00 Older frailer patients with end-stage renal disease Dr Andrew Mooney, Consultant Renal Physician and Honorary Clinical Associate Professor Renal Unit, St James's University Hospital, Leeds and Dr Virginia Aylett, Consultant geriatrician, Leeds Teaching Hospitals Trust
	10.30 How UK Kidney Services Care for Older People with CKD (& Why It Matters) Dr Andrew Nixon, Consultant Nephrologist, Lancashire Teaching Hospitals NHS Foundation Trust
11.00	Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website .

Platform Presentations**Moderators:** Angeline Price

11.30 - 12.30	11.30 Abstract 3189 Isomyosamine for the Treatment of Sarcopenia in Older Adults
	11.45 Abstract 3134 Effectiveness of the SmartJournal digital intervention on oral hygiene in nursing home residents: A cluster randomised trial
	12.00 Abstract 3124 Rehabilitation after an episode of delirium: Mixed methods process evaluation of the RecoverED multi-site feasibility study
	12.15 Abstract 3190 End-of-Life Dementia Care: A Qualitative Study of the Experiences and Perceptions of Minority Ethnic and Economically Disadvantaged
12.30 - 12.45	Transfer time for all delegates to move to Room 1A for Guest Lecture. Presentation of Awards

Education and Training**Moderators:** Jan Ritchie and Angeline Price

14.30	14.30 Ageing and Frailty Simulation Dr Elaine Nelson, Consultant Geriatrician, Southern Health and Social Care Trust
	15.00 Current Challenges in Geriatric Medicine Education Dr Will McKeown, Consultant Geriatrician and Stroke Physician, Antrim Area Hospital
	15.30 Simulation Based Education in Advance Care Planning Dr James Irvine, Geriatric Medicine Specialty Trainee, Northern Ireland Medical and Dental Training Agency
16.00	Closing words from BGS President, Professor Jugdeep Dhesi
16.15	Conference Close

STREAM 3: Room 1C**Intermediate care and Community Health Care****Examples from Ireland****Moderators:** Deb Gompertz and Jane Lynch

9.30 - 11.00	<p>09.30 Inner city Dublin Dr Rory Nee, Consultant Physician in Geriatric Medicine, Integrated Care Programme for Older Persons ICPOP, St James's Hospital and Cherry Orchard Hospital</p> <p>10.00 Rural Galway Dr Maria Costello, Consultant Geriatrician and Senior Lecturer in Geriatric Medicine, University Hospital Galway and University of Galway</p> <p>10.30 Discussion</p>
11.00	<p>Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.</p>

Lightning Round Posters**Moderators:** Emma Cunningham

11.30	<p>11.30 Abstract 3135 Factors influencing fall prevention programmes: The challenge of implementing the FaME programme in a complex landscape.</p> <p>11.35 Abstract 3136 Improving Patient and Public Involvement (PPI) in Dementia Research: Building conditions for impact</p> <p>11.40 Abstract 3053 Efficacy and safety of daridorexant in patients with chronic insomnia disorder and comorbid nocturia</p> <p>11.45 Abstract 3085 Functionality in post-COVID 19 older adults vs older adults who have not suffered from COVID 19 attending Geriatric OPD</p> <p>11.50 Abstract 3097 Nurses' Views and Perspectives of Pain Assessment and Management in Residents with Advanced Dementia in Long-term Care Settings</p> <p>11.55 Abstract 3102 Practitioners? Perspectives on Medicine Optimisation for Older People from Ethnic Minorities with Polypharmacy in Primary Care</p> <p>12.00 Abstract 3143 Active and Connected: Place Utilisation to Enhance Physical and Social Activity in Mid-to-Older Adults</p> <p>12.05 Abstract 3196 Proxy indicators to support independent ageing-in-place in older people with frailty: a Delphi-style expert consultation survey</p> <p>12.10 Abstract 3162 Reliability and Repeatability of a Portable Bio-Impedance Measurement Device in Early Parkinson's Disease</p> <p>12.15 Abstract 3125 A longitudinal observational study on older adults with increased-risk alcohol use and their nutritional status.</p> <p>12.20 Abstract 3147 Horizon Scanning for the Identification of Interventions for Prevention, Delay, and Treatment of Sarcopenia</p>
12.30 - 12.45	<p>Transfer time for all delegates to move to Room 1A for Guest Lecture. Presentation of Awards</p>

STREAM 3: Room 1C**Policy Session**

Shaping the BGS's strategic direction

	<p>This session will provide an overview of BGS's policy work and an opportunity to help shape BGS's strategic direction.</p> <p>14.30 Introduction to policy at BGS Sally Greenbrook, Policy Manager, BGS</p>
14.30 - 16.00	<p>14.40 How we develop policy at BGS, including case study of assisted dying Lucy Aldridge, Policy Coordinator, and Dr Andrew Stanners, Co-chair, Ethics and Law SIG</p> <p>15.15 Developing BGS's next strategic plan Professor Jugdeep Dhesi, President and Dr Amit Arora, President Elect</p>
16.00	Closing words from BGS President, Professor Jugdeep Dhesi
16.15	Conference Close



British Geriatrics Society
Improving healthcare
for older people

Marjory Warren House
31 St John's Square
London EC1M 4DN

Telephone +44 (0)20 7608 1369
Email registrations@bgs.org.uk
Website www.bgs.org.uk