

Autumn Meeting overview

25-27 November 2020

Platinum Suite, ExCeL Centre, London

The BGS Autumn meeting will cover the latest scientific research and the best clinical practice in care of older people. Our ageing population is stimulating extensive NHS service redesign to deal with the challenge of caring for larger numbers of older people both in and out of hospitals. This conference will cover core areas of interest to all specialists responsible for the healthcare of older people.

Topics

- Community Geriatric Medicine and primary care
- Frailty and Sarcopenia
- OncoGeriatrics
- Anaemia
- Medicine optimisation
- Teaching and training
- Tissue Viability
- POPs
- Continence

This programme has been submitted for **18 CPD credits** to the Royal College of Physicians.

Meeting aims

- Further attendees' overall knowledge and understanding of current research and practice in healthcare of older people in core and difficult areas
- Improve attendees' skills in the treatment and healthcare of older people
- Inspire attendees to achieve personnel excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services

Who should attend

- Consultants and Professors of Geriatric Medicine
- Specialist Doctors
- Specialist Registrars (StRs) in Geriatric Medicine and related specialties
- Nurse Consultants, Nurse Specialists and Advanced Nurse Practitioners
- GPs, GPs wsi in older people and GP Trainees
- Physiotherapists, Occupational Therapists and Allied Health Professionals
- Researchers into ageing and age-related conditions
- Core Medical Trainees and Foundation Year Doctors
- Medical Students

Register online at <https://www.bgs.org.uk/events/autumn-meeting-2020>

Follow us on  @GeriSoc #BGSCConf

PROGRAMME OVERVIEW

Wednesday, 25 November 2020

08.15 **Registration**

09.00 **Presidential address**

9.30 - 11.00 **Community geriatric medicine SIG**
Ageing Well leadership and policy, and
Community GIRFT

**Frailty and sarcopenia SIG joint with
oncogeriatrics**
Assessment of sarcopenia and frailty in older people with
cancer

11.00 **Refreshment break**

11.30 - 13.00 **Community geriatric medicine SIG**
Urgent response and reablement

**Frailty and sarcopenia SIG joint with
oncogeriatrics**
Treatment selection for older people with cancer

13.00 **Lunch**

13.00 **Sponsored symposium**

14.00 - 15.00 **Community geriatric medicine SIG**
Enhanced health in care homes

**Frailty and sarcopenia SIG joint with
oncogeriatrics**
Lessons from the world of cachexia

15.00 **Refreshment break**

15.30 - 16.30 **Community geriatric medicine SIG**
Anticipatory care – the future

**Frailty and sarcopenia SIG joint with
oncogeriatrics**
How should we treat sarcopenia and frailty in older people
with cancer?

16.30 **Sponsored symposium**

Thursday, 26 November 2020

07.30 **Registration**

08.00 **Policy breakfast**

9.00 - 10.30 **Session A**
Deprescribing in the frail older
patient

Session B
Research platforms

How to CGA

10.30 **Refreshment break, president poster round and poster viewing**

12.00 - 13.00 **Session C**
Teaching and training simulations

Session D
Clinical effectiveness

Workshop
Big data

13.00 **Lunch**

13.00 **Sponsored symposium**

14.00 - 15.00 **Session E**
Association of Academic Geriatric
Medicine symposium

Session F
Tissue viability

Workshop
Learning from complaints

15.00 **Refreshment break**

Guest lecture: The science of ageing research and interventions

15.30 **Dr Suresh Rattan**, Editor-in-chief, Biogerontology department of molecular biology and genetics, Aarhus University

16.30 **Sponsored symposium**

18.30 **Conference evening reception**

Friday, 27 November 2020

08.30 **Registration**

9.00
-
10.30

Session G POPS symposium
Neuro-trauma in the older person

Session H
IAGG symposia

QI Clinic

10.30 **Refreshment break**

11.00
-
12.30

Session I
Anaemia SIG

Session K
Joint BSG symposia

Trainees session

12.30 **Guest Lecture**

Mr Mike Adamson, CEO, Red Cross

13.15 **BGS AGM**

13.30 **Lunch**

13.30 **Nurses and AHP networking lunch**

13.30 **Sponsored symposium**

14.30
-
16.30

Session K
Oncogeriatrics

16.30 **Close of meeting**

GUEST LECTURERS



Dr Suresh Rattan

Editor-in-chief
Biogerontology department of molecular
biology and genetics
Aarhus University

Suresh Rattan leads the Laboratory of Cellular Ageing, at the Department of Molecular Biology and Genetics, Aarhus University, Denmark. His research areas and expertise include ageing of human cells in culture, prevention, removal and repair of macromolecular damage, and applying the concept of mild stress-induced hormesis as a modulator of ageing. He is the recipient of the Lord Cohen Medal in Gerontology (2011) from the British Society for Research on Ageing, an Honorary Doctorate from the Russian Academy of Medical Sciences (2011), and is the present Chairman of the Biological Section of the European Region of the International Association of Gerontology and Geriatrics (IAGG-ER). He has published more than 220 scientific articles, and has edited/co-edited 12 books, including books for children, general public and research scientists. He is the founder and Editor-in-Chief of Biogerontology - a peer reviewed journal published by Springer. He is the discoverer of the ageing modulatory effects of kinetin and zeatin, now used in several skin care products. His personal website is: <http://www.sureshrattan.com>



Mr Mike Adamson

CEO
Red Cross

Mike Adamson is Chief Executive of the British Red Cross. Prior to his current appointment, Mike was Managing Director of Operations, responsible for the leadership of the British Red Cross' UK and international programmes and its advocacy work, overseeing a unified approach to all operations. He took on this role in 2010, and had previously held several other positions in the organisation between 1992 and 2003, including Head of International Programme Development, Director for the London and South-East Region, and Director of Strategy, Planning and Information Systems. In his years away from the organisation, Mike worked for the National Health Service as Director of Commissioning and Primary Care at a Primary Care Trust in Gloucestershire for three years, and spent five years as Managing Director for Services at the Royal National Institute for Deaf People (RNID - now Action on Hearing Loss). Mike is a board member of the DEC and of a regional drug and alcohol charity (Nelson Trust). He lives in Gloucestershire with his wife Lorna and two daughters Eleanor and Sophie. In his spare time he likes to run, cycle and read. Mike is also a founding member of his local film club. Mike has an MPhil in economics from Oxford University and an MBA with distinction.

CONFERENCE EVENING RECEPTION

Thursday 26 November 2020, 18.30-22.30

Ticket £35 - includes a light buffet and arrival drinks

This year's evening reception has something for everyone, conference delegates and their friends and partners alike! The conference evening reception will commence at 18.30 with a short drinks reception. It will be followed by a light finger food buffet, entertainment, music and dancing. The evening reception will provide an opportunity to network with colleagues and friends in an informal and fun atmosphere.