DO NOT FORGET THE PERSON
Respect, Choice and Dignity – Do as you would be done by!

DIGNITY AND RESPECT
• Treat the person as an individual
• Ask the person how they would like to be addressed
• Involve the person, and their next of kin when appropriate, in all discussions and decisions

EATING AND DRINKING
Check if the person:
• Is in the most comfortable position prior to eating
• Has had the opportunity to wash their hands before and after eating and check fingernails for cleanliness and length
• Has had their mouth and dental hygiene assessed

USE OF THE TOILET
Ensure the person has:
• Privacy and dignity
• Timely and prompt assistance if required
• The opportunity for hand washing

COMMUNICATION
• Check the person has been assessed for hearing, sight and language difficulties
• Use plain language and simple explanations
• Make sure you have understood the person and that the person has understood you

MOBILITY
• Encourage the person to maintain their NORMAL mobility and routine as much as possible
• Check the person’s foot hygiene and toenail length
• Ensure the person’s footwear is clean, well fitting and within reach

For more information and suggested reading materials visit: www.bgs.org.uk/campaigns/dignity2010.html