

Do not forget the person

Respect, Choice and Dignity

Do as you would be done by



Dignity and Respect

- Treat the person as an individual
- Ask the person how they would like to be addressed
- Involve the person, and their next of kin when appropriate, in all discussions and decisions

Communication

- Check the person has been assessed for hearing, sight and language difficulties
- Use plain language and simple explanations
- Make sure you have understood the person and that the person has understood you

Eating and Drinking

Check if the person:

- Is in the most comfortable position prior to eating
- Has had the opportunity to wash their hands before and after eating and check fingernails for cleanliness and length
- Has had their mouth and dental hygiene assessed

Mobility

Encourage the person to maintain their NORMAL mobility and routine as much as possible

Check the person's foot hygiene and toenail length

Ensure the person's footwear is clean, well fitting and within reach

Use of the Toilet

Ensure the person has:

- Privacy and dignity
- Timely and prompt assistance if required
- The opportunity for hand washing