

# Improving Advance Care Planning Within Residential Homes

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## Introduction:

Many residential home patients are now living with advancing frailty and multi-morbidity, making it vitally important to initiate advance care planning discussions as part of the comprehensive geriatric assessment (CGA) and create universal care plans (UCPs).

## Method:

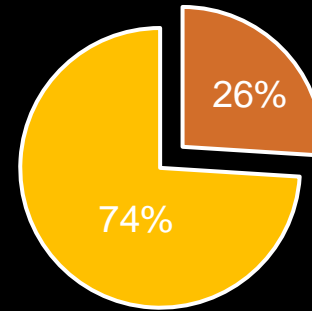
Retrospective audit in June 2024 of residents within the five residential homes covered by the newly formed enhanced health in care home (EHCH) team who had an initial comprehensive geriatric assessment (CGA) between March 2022-May 2024, to review if they had a UCP in place.

Further sub-analysis to review whether they had an existing UCP prior to EHCH review or this was created/edited by the EHCH team.

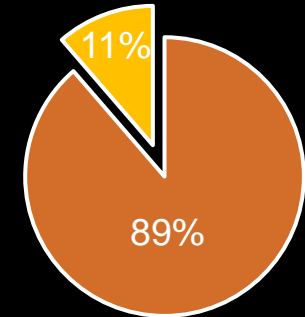
## Results:

There was an average increase from 26% to 89% in the number of residents with a UCP following an EHCH CGA. We have created/edited a total of 117 UCPs across the care homes in addition to those already in place across the 177 CGAs completed over this time period.

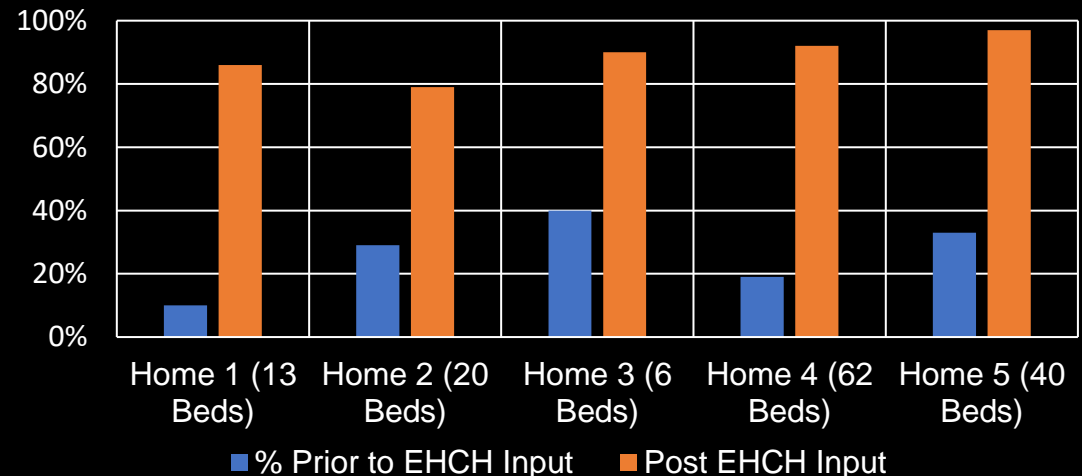
## Prior to EHCH Input (2022)



## Post EHCH Input (2024)



■ No of Residents with UCP   ■ No of Residents without UCP



## Conclusion:

Advance care planning is a vital part of a CGA and often not done for many reasons including its time-consuming nature, lack of awareness and apprehension in having these discussions both amongst residents, relatives and staff and lack of training and education. The EHCH team have managed to improve the number of residents with UCPs to 89%. We hope this will mean that more of the residents receive appropriate personalised care in their chosen place as well as dying in their preferred place.