

A PROACTIVE MULTIDISCIPLINARY APPROACH TO REVIEWING HEALTH AND CARE NEEDS OF NURSING HOME RESIDENTS IN A PRIMARY CARE NETWORK

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INTRODUCTION

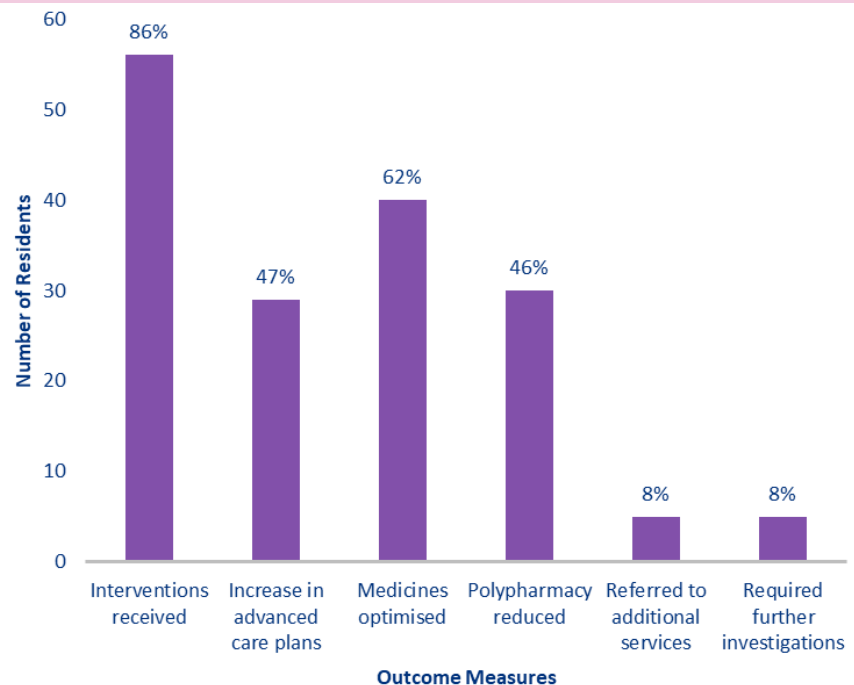
- The increasing complexity of health needs among nursing home residents necessitates a comprehensive, multidisciplinary team (MDT) approach to care.
- Disjointed care can cause avoidable hospital admissions and have detrimental outcomes causing harm.
- Collaboration within MDTs offers opportunities for professional development and more efficiency within the system. [1]

OBJECTIVE

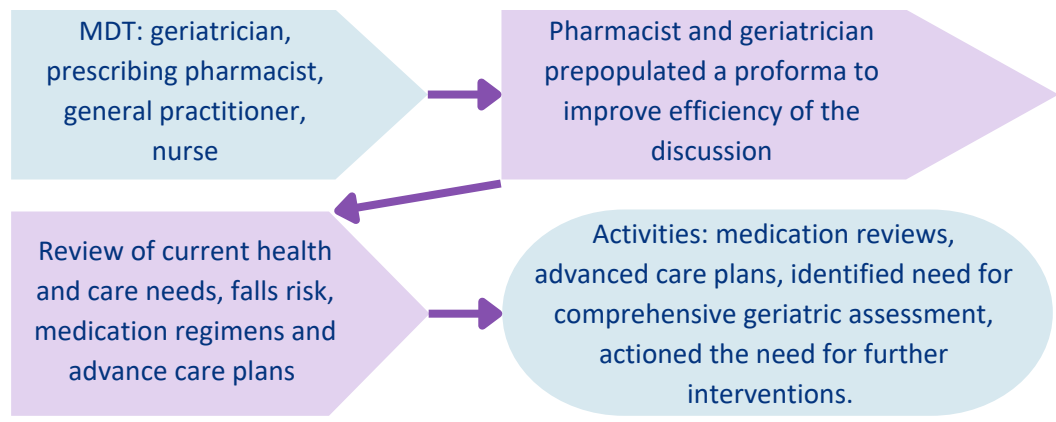
This model aimed to enhance care coordination, reduce inappropriate medication use and ensure all residents had current advanced care plans in place.

RESULTS

The prospective initiative was piloted in two residential nursing homes between May and July 2024 with a total of 65 residents reviewed



METHOD



CONCLUSION

Proactive MDT reviews effectively address the needs of residents whilst demonstrating immediate positive outcomes.

Good Practice:

- Clarifying objectives
- Prior reviews of records
- Ensuring staff who knew the residents well were present

Valuable opportunities to collaborate and learn between MDT members

Potential to reduce costs of medications and hospital admissions, whilst improving quality

Replicating this model is needed to further evaluate clinical outcomes and longer-term sustainability

REFERENCE

1. NHS England. Providing proactive care for people living in care homes: Enhanced health in care homes framework [Internet]. 2020 [cited 2024 Jul 29]. Available from: <https://www.england.nhs.uk/long-read/providing-proactive-care-for-people-living-in-carehomes-enhanced-health-in-care-homes-framework/>

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