

# Improving Multidisciplinary Team Meetings on an Elderly Medicine Ward at Leeds Teaching Hospitals Trust

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## Introduction

Following the COVID-19 pandemic, we noted within our ward multidisciplinary team (MDT) meetings that there was often a lack of attendance from key disciplines, inconsistent content, and an overly medical emphasis. We wished to create an MDT that was structured, with consistent input from nursing and therapy teams, covering components of comprehensive geriatric assessment (CGA).

## Methods

### Agreed structure and expectations

- On one pilot ward a new structure was agreed for MDT meetings with input from all members of the MDT.
- Expectations– set time each day and who should attend
- Clinical leadership was required to facilitate staff to share their observations and encourage the non-medical voice

### Survey

- The validated teamwork and safety culture survey was performed on pilot ward with support from Yorkshire and Humber Improvement Academy

### Roll out across department

- A standardised structure with key ingredients for MDTs was rolled out across 5 other Elderly Medicine wards

### Survey on quality

- A further survey was performed in May 2024 looking at the MDT's opinions on the quality of the meetings

## MDT Structure



CFS



4AT



Cares/Continenence/Concerns\*



Current mobility, baseline mobility and ADL goals\* \$



Precise problem list



Actions for today



Discharge plan †



Discharge letter required?

\*Nurse input

\$Physiotherapy input

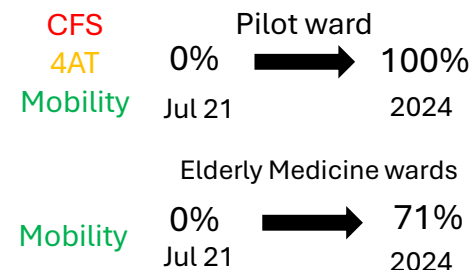
†All members of MDT input

## Conclusion

A structured MDT process was successful in incorporating key elements of CGA whilst improving MDT teamworking. Starting with a single ward allowed others to gain confidence in the success of the process and enable natural spread. Key stakeholders including organisational leads were consulted and involved in improvement work, such that this is now a standard way of working. The lessons learned are being used to contribute to a digital dashboard tracking MDT progress.

## Results

% of the time discussed in MDT



Opinions of members of the MDT on MDT meetings

