

# Improving Patient-Centred Care in Acute Geriatrics: Implementation of a Comprehensive Geriatric Assessment-Orientated Proforma

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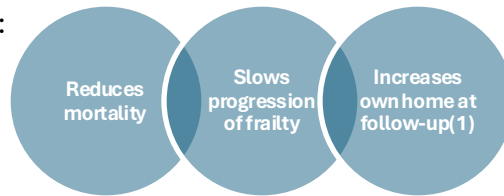


University Hospitals  
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## Background

The **Comprehensive Geriatric Assessment (CGA)** is a multidimensional interdisciplinary tool, designed to promote holistic care of elderly patients and provide a framework for intervention.

There is evidence that CGA:



Completion of a CGA in the acute setting may be complex and time-consuming. The Older Person's Assessment Unit (OPAU) at Weston General Hospital allows early identification of **frailty** and **prompt intervention**.

**Aim: To promote elements of the CGA by providing a structured proforma for use on ward rounds throughout a patient's admission.**

## Methods

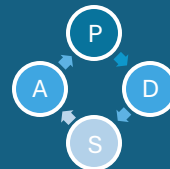
We performed a 2-cycle prospective pre-post intervention study on OPAU. We reviewed medical records in a 5-day period analysing documentation of elements of the CGA. Following analysis and re-evaluation of each intervention, completion of the proforma was re-assessed.

### References

(1) Ellis G, Gardner M, Tsiachristas A et al. Comprehensive geriatric assessment for older adults admitted to hospital. Cochrane database of systematic reviews. 2017. 10.1002/14651858.CD006211.pub3

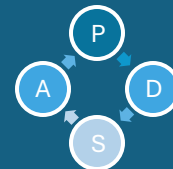
A CGA-orientated proforma encourages **consistent documentation** in an acute setting.

We demonstrated successful increased uptake of **delirium** and **bone-health screening**.



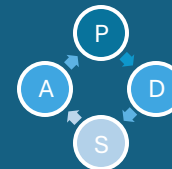
### PDSA 1

Initial data collection of all outcomes.  
Review of medical records from patients admitted to OPAU in a 5-day period.  
N=23



### PDSA 2

Intervention 1 implemented.  
Ward round proforma prompting delirium screening.  
N=20

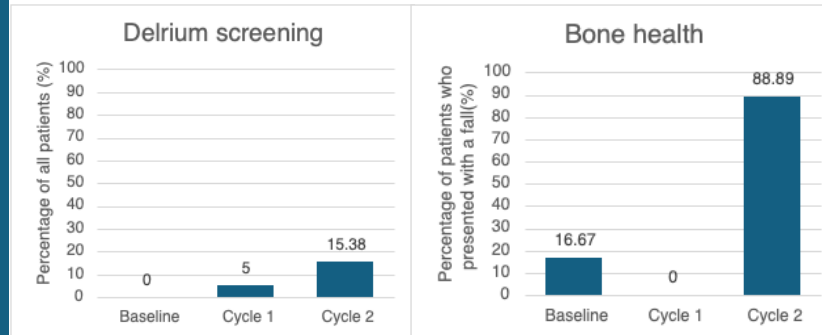


### PDSA 3

Intervention 2 implemented.  
Ward round proforma with additional bone health screening.  
prompt  
N=26

## Results

Baseline data (N=23) showed that common presenting complaints were falls and confusion.



- ReSPECT forms were completed in 96% at baseline, 100% after cycle 1, and 77% after cycle 2.

## Conclusion

- We demonstrated successful increased uptake of delirium and bone-health screening using a simple structured proforma.
- We are effectively addressing ReSPECT + VTE prophylaxis.
- Simple interventions can lead to large improvement in clinical practice and may easily be up-scaled and transferred to other wards.

**Future aim: To introduce a full CGA proforma that encourages opportunistic assessment by all members of the MDT throughout admission**