

A Frailty Education Programme for care home staff

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Introduction

We wished to improve the knowledge of care home staff in Leeds in identifying frailty and managing frailty related problems. We developed a frailty education course (www.leedsfrailtyeducation.co.uk) which was then refined and modified to target care home staff. We engaged key stakeholders at the council and the ICB to help develop and promote the course, which was funded by the ICB.

Results

	Number
Total Attendees across 4 teaching sessions	128
Initial Feedback responses	69
Follow-up feedback responses	19

4. Thinking about the today's training, to what extent do you agree or disagree with the following?

● Strongly agree ● Agree ● Neutral ● Disagree ● Strongly disagree

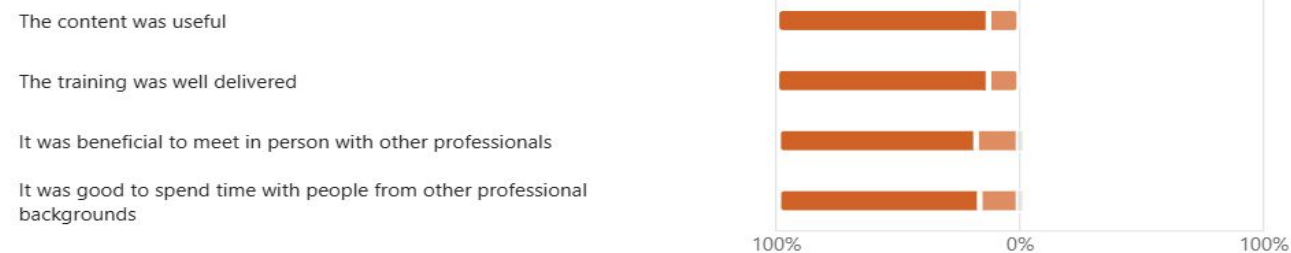


Fig 1: Responses of from initial survey

From the feedback taken immediately after the study day (n=69): -100% of attendees found that the content was useful and well delivered. -97% of attendees improved their knowledge of frailty and 100% improved knowledge of CGA. -CGA.

From the follow-up feedback (n=19): - 95% (18/19) 'extremely agree' with the statements "Attending the training day has improved my understanding of frailty" and "I would recommend my colleagues attend this course" -42% (8/19) have implemented frailty assessments as part of standard care in some form

23 respondents (33%) answered frailty for this question.



Fig 2:: Word cloud response to "What 3 things did you learn that you will take away for your future practise" in initial survey

Conclusion

A dedicated study day for care home staff was well received by attendees and feedback received demonstrated self-reported lasting change to practice. Previous attendance for care home courses had been in single figures despite being free to attend like this one. Key enablers to the success of the course were: the reputation of the course locally which had been piloted and delivered in different formats previously, tailoring the material to the audience, and delivering the course in several different locations for ease of access to different areas of the city.